

Avian Reovirus

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Abstract: Reovirus infections are actually related to a lot of disease conditions with different clinical manifestations. Reoviruses have been isolated from a variety of tissues in poultry, suffering from different disease conditions including viral arthritis/tenosynovitis, stunting syndrome, respiratory disease, enteric disease, immunosuppression and malabsorption syndrome. Economic losses related to reoviral infections are frequently associated with increased mortality, viral arthritis/tenosynovitis and general lack of performance, including diminished weight gains, high feed conversions, uneven growth rates and reduced marketability of the affected birds. The resistance of the virus could be one of the reasons for such a high prevalence. This high prevalence put emphasis on the vaccination of the breeder flocks and shows the necessity of more studies on aspects of Reovirus.

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Introduction

Reoviruses (a name derived from “respiratory enteric orphan” or REO) are members of the genus *Orthoreovirus* in the Reoviridae family (Rosenberger, 2003). Found to be ubiquitous among poultry flocks, Avian Reoviruses (ARV) have been isolated frequently from the gastrointestinal and respiratory tracts of chickens affected.

By several pathological conditions, including viral arthritis or tenosynovitis, stunting syndrome, respiratory disease, enteric disease, immunosuppression, malabsorption syndrome or even inapparent infections (Jones, 2013). Originally, the REO abbreviation was used to identify virus groups that were not associated with any known disease (Jones, 2013). Viral arthritis is an economically important disease of chickens that can be caused by different serotypes and pathotypes of ARV (Rosenberger, 2003). Tenosynovitis, defined by the changes in the tendons and their sheaths, can be considered different from the condition caused by *M. synoviae*. Some reoviruses have an arthrotropic characteristic that includes ruptured gastrocnemius tendons, pericarditis, myocarditis, hydropericardium, uneven growth and mortality (Jones, 2013). Viral arthritis or tenosynovitis in poultry is one of the pathological manifestations of ARV infection (Rosenberger, 2003). The reoviruses can act alone as pathogenic agents or in combination with one or more other aetiological agents, such as *M. synoviae* or *Staphylococcus* spp., and this situation can lead to varied clinical pictures of arthritis or tenosynovitis (Rosenberger, 2003). The reoviruses can be isolated from birds without any signs of disease, but they are also associated with a variety of

problems including viral arthritis/tenosynovitis, enteric disease and malabsorption syndrome (Jones, 2013). Reoviruses have been isolated worldwide from chickens affected by various disease conditions, predominantly including viral arthritis/tenosynovitis, stunting syndrome, enteric disease, malabsorption syndrome and immunosuppression (Glass *et al.*, 1973; Goodwin *et al.*, 1993a, b; McNulty, 1993; Jones, 2003; Rosenberger, 2003). Economic losses caused by reovirus infections are frequently the result of elevated mortality, increased slaughterhouse condemnations and poor performance, including diminished weight gains and high feed conversions (Dobson and Glisson, 1992; De Herdt *et al.*, 1999; Rosenberger, 2003). For this reason, vaccination of chickens against reovirus is practiced in most parts of the world and has been proven efficacious. Vaccination of breeders can protect young broilers through the transfer of maternal antibodies. In 1998, however, reovirus was held responsible for major disease outbreaks in broiler flocks in Poland, notwithstanding the fact that their parents had been well vaccinated (van Loon *et al.*, 2001). Infected broiler flocks suffered from high mortality and signs of malabsorption. At necropsy lesions including hydro-pericardium, enlarged livers with multiple necrotic foci and swollen spleens were found. The signs and lesions seen under field conditions were experimentally reproduced in SPF chicks through intramuscular and oral challenge with a reovirus strain that was isolated from the broilers affected under field circumstances. Recently, central nervous disorders were also ascribed to this type of reovirus infection in chickens (Van De Zande and Kühn 2007). Reoviruses can be classified into

different serotypes using the plaque reduction assay. In this test, reovirus strains isolated from diseased broilers in Poland could not be neutralized by antisera against known reoviruses (van Loon *et al.*, 2001). Furthermore, characterization of the strains with a panel of monoclonal antibodies revealed a reaction pattern that was different from the reovirus strains described in the literature (Johnson, 1972; van der Heide *et al.*, 1974; Hieronymus, 1983; Rosenberger *et al.*, 1989; van Loon, 2001). Therefore it was concluded that these reovirus strains from Poland belonged to a new serotype. They were subsequently called Enteric Reovirus Strains (ERS). Screening in the field during the following years demonstrated that strains of ERStypereovirus are prevalent in many European countries, the USA, Argentina, the United Arab Emirates, South Africa, the Philippines and Indonesia (Van De Zande and Lin, 2005). *Aetiology and economic important* Reoviruses have a worldwide distribution in chickens but are more related to meat-type birds (Van der Heide, 1977). They are commonly found in the digestive and respiratory tracts of clinically normal chickens and turkeys. It is estimated that most of the reovirus isolated from chickens are non-pathogenic. Several studies performed over the last years have revealed unique properties for ARV e, displayed by different from mammal viruses. (Jones, 2013)

ARV, which replicate in the cytoplasm, are non-enveloped with an icosahedral symmetry and a double-shelled capsid and are one of the few non-enveloped viruses that cause cell to fuse (Xu and Coombs, 2009). This specific genome segments responsible for protein coding have been identified for the S1133 strain of ARV and differentiates them phylogenetically from most other animal reoviruses (Day, 2009). Another interesting characteristic of the ARV is that they are known to induce apoptosis in infected cells (Benavente and Martínez-Costas, 2007). Avian reovirus infections are of economic importance to the poultry industry (Savage and Jones, 2003). In meat-type chickens, economic losses are frequently associated with reovirus infections. Increased mortality, viral arthritis/tenosynovitis and a general lack of performance are among the observed problems (Jones, 2013). Breeder flocks that develop viral arthritis just prior to the onset of or during egg production may, in addition to lameness, be affected by increased mortality, decreased egg production, suboptimal hatchability/fertility and vertical transmission of the virus to progeny. Infectious viral arthritis is currently the best defined and most readily diagnosed reovirus. (Rosenberger, 2003)

Epidemiology and pathogenesis

Reoviruses can be classified using serologic procedures or grouped according to their virulence.

There are five serotypes of reoviruses from 77 isolates from intestines, respiratory tract and synovial isolates (Day 2009). They are antigenically similar viruses and demonstrate clear strain differences based on virulence and virus persistence. There are considerable cross-neutralization between heterologous serotypes (Islam *et al.*, 1988). The ARV genome consists of 10 segments of double-stranded RNA: three large (L1, L2, L3), three medium (M1, M2, M3) and four small (S1, S2, S3, S4) (Jones, 2013).

In general, ARV is associated with arthritis, but they have also been identified as the etiological agents of other diseases. Some examples are malabsorption syndrome conditions, pericarditis, myocarditis, hydropericardium, enteritis, hepatitis, bursal and thymic atrophy, osteoporosis, and acute and chronic respiratory syndromes (Rosenberger, 2003). Although reoviruses have been found in many avian species, chickens and turkeys are the only recognized natural or experimental hosts for reovirus-induced arthritis (Pertile *et al.*, 1996). Other bird species from which reoviruses can be isolated are ducks, pigeons, geese and psittacine species (Watier, 2010). Initially, the ARV replicates in the villi of the small intestine and in the bursa, and then spreads to other tissues. Generally, osmotic diarrhea appears due to villi blunting (Rosenberger, 2003).

When a bird is infected by reoviruses, these increase susceptibility to other infectious agents (Watier, 2010). This immunosuppression is due to lymphoid depletion and compromise of the immune system. Some authors report age-related resistance to reovirus-induced arthritis (Jones and Georgian, 1984; Olson and Kerr, 1966). Again, this age-associated susceptibility may be related to the inability of young birds to develop an effective immune response (Jones, 2013). The virus can be spread laterally (horizontal transmission) but vertical and egg transmission are also possible (Robertson and Wilcox, 1986). ARV may be excreted from the intestinal or respiratory tracts for at least 10 days post-inoculation. This fact suggests fecal contamination as a primary source of contact (Jones, 2013). Viral persistence can last for long periods, special in the caecal tonsils and hock joints (Savage and Jones, 2003). Birds that are infected at a young age are potential sources of infection (Rosenberger, 2003). Whether or not the disease occurs following infection with ARV, the incubation period ranges from 1 to 11 days and is highly dependent upon the virus pathotype, age of the host and route of exposure (footpad inoculation, intramuscular, intravenous). Very often, infections are unapparent and demonstrable only by serology or virus isolation (Jones, 2013). The virus frequently locates in the flexor and extensor tendons of the pelvic limb and is commonly seen in young birds (1-2 months). Mortality

is usually low, but morbidity can be as high as 100%. Avian reoviruses possess group-specific antigen and serotype-specific antigen. Host's humoral immunity (neutralizing antibodies) can be detected 7-10 days following infection. The presence of neutralizing antibodies and its importance in establishing protection is not well defined yet. Birds may become persistently infected in the presence of high levels of circulating antibodies. It is apparent, however, that maternal antibodies can afford a degree of protection to day-old chickens against naturally occurring and experimental challenges. From several studies, the suppression of T-cell-mediated immunity by cyclosporin A resulted in increased mortality in reovirus-infected birds, but the relative severity of tendon lesions was not altered. Antibody protection is related to serotype homogeneity, virulence, host age and antibody titer (**Grande et al., 2002; Jones, 2013; Rosenberger, 2003**). For cell-mediated immunity, the CD8+ T-cells may play a role in pathogenesis and/or reovirus clearance in the small intestine. Some authors have shown that challenging viruses are controlled in the absence of actively produced antibodies in B-cell immunosuppressed chicks (**Day, 2009**). This suggests that cellular immunity may be sufficient for broiler protection. (**Jones, 2013**)

Clinical signs and lesions

In an acute infection, lameness is generally present and some chickens are atrophied (Crespo and Shivaprasad, 2011). In chronic infection, lameness is even more pronounced, but the percentage of infected chickens is small. Lameness in this type of lesions is due to enlargement in the area of the gastrocnemius or digital flexor tendons. In general, the rupture of the gastrocnemius tendon is noticeable (Figure 4). The swelling of the digital flexor and metatarsal extensor tendons is the more pronounced macroscopic lesion. Swelling of the foot pad and hock joint is less frequent, being marked by the edema of the tarsal and metatarsal tendon. Some petechial hemorrhages are frequent in the synovial membranes (**Jones, 2013; Rosenberger, 2003**). In chronic infection, inflammation of tendon areas progresses, tendon sheaths become hard and they fuse in some cases. In early infection, recovery is quick, but very often the tendon rupture occurs at transfer (**Crespo and Shivaprasad, 2011**). In terms of microscopic lesions, the basic picture is edema, coagulation necrosis, accumulation of heterophilic material and perivascular infiltration. There is also hypertrophy and hyperplasia of synovial cells, infiltration of lymphocytes and macrophages, and a proliferation of reticular cells (Hill et al., 1989). Lesions are strongly time-dependent and changes have been found in the type and number of

positively staining cells. The synovial membranes develop villous processes during the chronic phase and lymphoid nodules are present. When the process becomes further chronic, the inflammatory picture changes, the amount of fibrous connective tissue increases, and a pronounced infiltration or proliferation of reticular cells, lymphocytes, macrophages and plasma cells can also be seen. Irregular granulation tissues replace some tendons, and large villi appear on the synovial membranes. (Jones, 2013)

Diagnosis, control, treatment, and prevention

A presumptive diagnosis of viral arthritis can be made on the basis of signs and lesions. Primary involvement of the metatarsal extensor and digital flexor tendons, and heterophil infiltration in the heart, assist in differentiating the infection from bacterial and mycoplasma synovitis (**Jones, 2013**). Different diagnostic methods are available: fluorescent antibody techniques, virus isolation, typical physicochemical characteristics and the presence of a group-specific antigen demonstrable with the agar gel precipitin test. The immunoperoxidase procedures can be used, but they are not the first choice (Rosenberger, 2003). Serology for reoviruses is routinely used, being based on group-specific antibodies that can be detected readily by the agar gel precipitin test or by indirect fluorescent antibody test (IFAT). In more recent years, ELISA for detecting antibodies to avian reoviruses along with PCR has become more common (**Bruhn et al., 2005**). The ubiquitous nature of the avian reoviruses and their inherent stability, coupled with modern, high density confinement rearing practices, suggests that elimination of virus exposure may be difficult (**Jones, 2013**). Resistance to inactivation may be frequently carried by mechanical means like brooding temperatures.

Commercially available disinfectants should be validated for efficacy before use, because of the avian reovirus group relative stability (**Rosenberger, 2003**). Vaccines and vaccination programs have evolved and can provide protection at 1 day of age onwards. Active immunization can be achieved by vaccination with viable attenuated reoviruses, which are usually applied by the subcutaneous route (**Giambone and Clay, 1986**). Reovirus vaccination of breeding stock can be carried out with live attenuated or inactivated vaccines. The latter are more effective when preceded by vaccination with a live vaccine. If a live vaccine is used, it should be administered prior to the onset of egg production, to prevent transovarian transmission of the vaccine virus (**Jones, 2000**). The advantages of this type of immunization program include immediate protection of the day-old progeny as provided by maternal antibodies (**Jones, 2013**). Vaccination of breeders is an effective method of controlling viral arthritis and other

pathogenic reoviruses, but it should be recognized that protection is assured against homologous serotypes only. (Rosenberger, 2003)

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