

## Avian Infectious Laryngotracheitis

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**Abstract:** Avian Infectious Laryngotracheitis (AILT) is a respiratory tract disease of great importance because it causes significant economic losses in the poultry industry around the world. The target system for Avian Infectious Laryngotracheitis virus (AILTV) infections is the respiratory system, and the main organ in which the virus remains latent is the trigeminal ganglia. However, the virus has demonstrated tropism for other organs besides the respiratory tract. The main transmission routes are ocular and respiratory. Clinical signs usually appear 6-12 days after natural exposure and may be moderate or severe. The causative agent of this disease can be propagated in chorioallantoic membrane (CAM) of developing chicken embryos and replicate in mature chicken kidney cells, as well as in a variety of epithelial chick embryo cells, such as kidneys, liver and lungs. There are several procedures for the diagnosis of ILT such as the observation of clinical signs, the detection of gross and histopathological lesions, and the use of molecular techniques, including restriction fragment length polymorphism (RFLP), polymerase chain reaction (PCR), real-time PCR. Vaccination with different types of vaccine provides a good expectation on disease control, such as vaccines produced in chicken-embryo-origin (CEO), tissue-culture-origin (TCO), and recombinant vaccines.

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### Introduction

Avian Infectious Laryngotracheitis (AILT) is a highly contagious disease, of chickens which consider the primary host (**Bagust et al., 1986**) and it may affect pheasants while Starlings, sparrows, crows, pigeons and ducks seem to be resistant to the virus (**Guy and Garcia, 2008**). The causative agent is a pneumotropic virus of the family Herpesviridae, genus *ILTV* virus. Taxonomically, this virus is classified as a Gallidherpes virus 1 (**King et al., 2012**). It causes severe lesions in the respiratory tract and great economic losses due to mortality, decreased egg production, weight loss, and susceptibility to infections with other aviary pathogens (**Guy and Garcia, 2008**). The severe form causes significant respiratory distress, expectoration of bloody sputum, sneezing, and high mortality. The mild form is characterized by mucoid tracheitis, sinusitis, and low mortality (**Ou et al., 2012**). The virus is horizontally transmitted, and the primary virus replication sites are in the tracheal mucosa and conjunctiva, where it can cause inflammation, mucoid or serous discharge, cough, and dyspnea (**Coppo et al., 2013a**). The virus can invade the trigeminal nerve during the lytic phase of infection, resulting in a latent infection that may remain throughout the life of the animal, and some stressors, such as placement with other birds and the onset of egg laying, can cause reactivation of replication and viral excretion (**Hughes et al., 1989**;

**Hughes et al., 1991; Coppo et al., 2013a; Williams et al., 1992**). New experimental studies show that the virus can also be detected in other organs, such as the heart, liver, spleen, lung, kidney, tongue, thymus, proventriculus, pancreas, duodenum, small intestine, large intestine, cecum, cecal tonsils, bursa, and brain (**Zhao et al., 2013; Wang et al., 2013; Oldoni et al., 2009; Parra et al., 2015a**).

### Etiology

The avian infectious laryngotracheitis virus belongs to the family *Herpesviridae*, subfamily *Alphaherpesvirinae*, genus *Iltovirus*, and it is taxonomically classified as a *Gallidherpesvirus* type 1. The subfamily includes important human and animal pathogens, such as human herpesvirus 1 (Simplex virus); pseudorabies swine virus and varicella zoster virus (Varicellovirus), and other alphaherpesviruses, such as that causes Marek's disease (**Johnson and Tyack, 1995**). This DNA virus has icosahedral symmetry, measures 195- 250 nm in diameter, has a density of 1.704 g/mL, and molecular weight of approximately 1 x 10<sup>8</sup>. Its genome consists of a linear double-stranded molecule of 155 kb, with a unique long region (UL) and a unique short region (US), flanked by inverted repeats (**Johnson et al., 1991; Bagust et al., 2000**).

### Hosts

Chickens of all ages are susceptible to the infection by the laryngotracheitis virus, but birds older

than three weeks are more sensitive (**Ou et al., 2012**). The virus can also infect pheasants, pheasants-chicken crosses, peacocks, and young turkeys (**Crawshaw and Boycott, 1982; Portz et al., 2008**). Starlings, sparrows, crows, doves, ducks seem to be refractory to the virus (**Guy and Garcia, 2008**). ILTV was also isolated from a guinea fowl in a farm with a history of respiratory disease (**Bautista, 2003**). Subclinical ITLV infection and seroconversion was demonstrated in ducks (**Yamada et al., 1980**).

#### Transmission

The ILTV is naturally transmitted by the upper respiratory tract and also by ocular route. Ingestion may also cause infection; however, the nasal epithelium needs to be exposed after virus ingestion (**Robertson and Egerton, 1981**). The main sources of transmission are clinically-affected chickens, latent carrier animals, contaminated dust, litter beetles, drinking water, and fomites (**Ou et al., 2011**). Recent studies have shown that the virus may remain in the biofilm water and subsequently be transmitted to susceptible birds (**Ou et al 2012**). Other possible sources of transmission are dogs, cats, and crows (**Kingsburry and Jungherr, 1958**). Airborne transmission among farms is also very important for the spread of the virus (**Johnson et al., 2005**).

#### Clinical signs

The disease has severe and mild forms. In the severe form, the main clinical signs are overt dyspnea and bloody mucus, moderate to severe conjunctivitis, and there may be high morbidity (90-100%) and mortality, which may be higher than 70%, but usually is in the range of 10%-20%. Also, inflammation and necrosis are observed with hemorrhage in the mucosa and in the respiratory tract (**Bagust et al., 2000; Garcia et al., 2014**). In the mild enzootic form, the observed signs are depression, decreased egg production, non-thriftiness, conjunctivitis, swelling of the infraorbital sinuses (almond eyes), mild mucoid tracheitis, respiratory rales, mild hemorrhagic conjunctivitis, and persistent nasal discharge; morbidity and mortality may reach 5% and 0.1-2%, respectively (**Raggi et al., 1961; Ou et al., 2012**). Birds may recover in 10 to 14 days, but the clinical signs caused by the infection with some strains continue for a few weeks (**Guy and Garcia, 2008; Garcia et al., 2014; Ou et al., 2012**). The clinical signs appear after 6-12 days of natural exposure; however, in experimental infections, the incubation period is shorter, of around 4-7 dpi (**Garcia et al., 2014**).

#### Lesions

Gross lesions may be observed in the conjunctiva and the entire respiratory tract of infected birds, but are most frequently seen in the larynx and trachea. In the severe form, mucoid inflammation is

observed in the early stages, and hemorrhage, degeneration and necrosis are observed in later stages. The inflammation may extend down to the bronchi, lungs, and air sacs. Diphtheritic changes, present as mucoid casts, may affect the entire length of the trachea (**Garcia et al., 2014**). In the mild form, moderate mucoid tracheitis, presenting varying hemorrhage degrees in the larynx and upper trachea, is observed (**Sellers et al., 2004**). Microscopic lesions vary with the stage of the disease. In the first days, goblet cells and infiltration of the tracheal mucosa with inflammatory cells are increased. As the infection progresses, epithelial cells of the conjunctiva and respiratory tract become enlarged and edematous, and multinucleated cells form syncytia. Lymphocytes, histiocytic, and blood cells migrate into the mucosa and submucosa in 2-3 days (**Garcia et al., 2014**). Intranuclear inclusion bodies in the tracheal and conjunctival epithelial cells are present for a few days (1-5 dpi) in the early stages of infection, and then disappear due to necrosis and sloughing of the epithelium (**Guy et al., 1992**).

#### Diagnosis

Infectious laryngotracheitis is usually diagnosed in the laboratory because other diseases cause very similar clinical signs and lesions, such as avian influenza, bronchitis, Newcastle's disease, infectious coryza, and mycoplasmosis. The diagnosis based on clinical signs is only reliable in cases of acute severe disease, with high mortality and expectoration of blood (**Guy & Garcia, 2008**).

#### Histopathology

Infectious laryngotracheitis is characterized by the presence of eosinophilic intranuclear inclusion bodies, which are pathognomonic when present in the epithelial cells of the conjunctiva and of the respiratory tract. Those inclusion bodies are detected in the tissues by staining with Giemsa or with hematoxylin and eosin of tracheal section embedded in paraffin wax (**Guy & Garcia, 2008**). Epithelial hyperplasia leads to the formation of multinucleated cells (syncytia) in which intranuclear inclusions bodies may be evidenced. In addition, the tracheal tissue is infiltrated by heterophils and lymphocytes (**Fahey and York, 1990**). Lamina propria swelling is observed after hemorrhage, as well as epithelial sloughing and loss of mucous glands. Tissue regeneration starts after approximately six days, after which intranuclear inclusions bodies are no longer visible (**Bagust et al., 2000**). Rapid histopathology methods for tissue processing have been described, and include rapid dehydration of tissues to allow examination after three hours of processing (**Pirozok et al., 1957; Sevoian, 1960**). Although ILT histopathological diagnosis by the detection of

intranuclear inclusion bodies is highly specific, virus isolation is more sensitive (**Guy et al., 1992**).

#### **Virus isolation**

The ILTV virus can be isolated from clinical samples obtained from swabs, tissue homogenates, and trachea, larynx, lung, and conjunctiva exudates. The most sensitive isolation method is inoculation in the chorioallantoic membrane (CAM) of embryonated chicken eggs with 9 to 12 days (**Hichtner and White 1958**). The virus causes the production of plaques with opaque edges and a central depressed area of necrosis (**Garcia et al., 2014**). The virus can also be isolated using cell cultures, particularly CEL and CK, although the CEL system is more sensitive. In cell cultures, multinucleated giant cells are detected 24 hpi. Both in CAM and cell culture systems, more than one passage is required for virus isolation (**Bagust et al., 2000**). The samples should be collected as soon as possible after the establishment of clinical signs because isolation attempts are successful 6-7 days after infection (**Guy et al., 1992**).

#### **Other techniques of virus detection**

Other methods for ILTV detection include immunofluorescence (IF), immunoperoxidase (IP), virus neutralization (VN), enzyme-linked immunosorbent assay (ELISA), DNA hybridization techniques, electron microscopy (EM), and PCR (**Bagust et al., 2000**). The IF or IP are performed using sections or scrapings of the epithelium of affected birds. Viral proteins have been detected by IF for up to fourteen days after exposure (**Wilks and Kogan, 1979**). It was shown that immunofluorescence can detect antibodies against ILTV in tracheal tissues 109 dpi and that IP is more sensitive than the IF (**Guy et al., 1992**). Further studies have shown that ELISA, using monoclonal antibodies against ILTV, provides accurate ILTV detection, and it is faster and more accurate than IF or immunodiffusion in agar gel (**Jordan and Chubb, 1962**). The use of direct electron microscopy is one of the fastest methods to detect the ILTV, but is not very sensitive and virus titers of at least 3.0 log<sub>10</sub> per gram are required to identify the viral particles (**Bagust et al., 2000**). Some molecular methods for the detection of viral DNA can identify the virus faster, more accurately, and are highly sensitive. Molecular techniques include hybridization assays, dot-blot, and cloning of viral DNA, which are very sensitive for viral detection when viral isolation and ELISA results are negative (**Keam et al., 1991; Key et al., 1994**). There are also other methods like PCR, nested PCR, real-time PCR, multiplex PCR, in situ hybridization (**Nagy, 1992; Nielsen et al., 1998**), and PCR followed by restriction fragment length polymorphism (RFLP) (**Chang et al., 1997; Kirkpatrick et al., 2006; Chacon et al., 2010**). The detection of ILTV by PCR is more sensitive than

virus isolation or electron microscopy and also allows detecting the virus in samples containing other viral agents (**Williams et al., 1994**). When there are outbreaks of the disease, viral detection by real-time PCR is more sensitive in comparison with histology, electron microscopy, isolation in embryonated eggs, and IF. However, because many laboratories do not have the capacity to perform real-time PCR, ILTV diagnosis is routinely made using histopathology, IF, and PCR (**Crespo et al., 2007**). A new method for detecting ILTV nucleic acid was recently developed: the loop mediated isothermal amplification (LAMP). A comparison of this method with the real-time PCR showed that both are highly specific and sensitive. However, as the LAMP method is faster, less expensive, and does not require a thermocycler compared with real-time PCR, it could be used for routine laboratory diagnosis and real-time PCR can be used for further verification (**Ou et al., 2012**).

#### **Prevention**

It is very important to prevent contact between unvaccinated birds with vaccinated birds or with those recovering from an outbreak, which requires good management and biosecurity practices, as well as outbreak control. Biosecurity measures include protocols and procedures to prevent the infection and transmission of birds by humans, insects, wild birds, and other animals (**Kingburry et al., 1958; Ou et al., 2012**). Recently were used to control of outbreaks geographic information systems that provided information from a region for making plans of biosecurity, quarantine, vaccination and the route where the slaughterhouse of animals and early diagnosis, proper vaccination and cooperation between government and industry are very important for the control of laryngotracheitis (**Dufor-Zavala, 2008; Chin et al., 2009**).

#### **Vaccination**

Vaccination is the best method to prevent infection, but vaccinated birds may become latent infected carriers and be the source of virus transmission to non-vaccinated flocks. For this reason, vaccination is recommended in endemic areas (**Andreasen et al. 1989**). High levels of protection are obtained 15-20 weeks post-vaccination, with variable degrees of protection throughout the year (**York et al., 1989; Fahey & York, 1990**). The most frequently used vaccine strains are modified-live virus of Tissue Culture Origin (TCO) or Chicken Embryo Origin (CEO). There is no significant difference in bird immunity 10 weeks after vaccination when CEO and TCO vaccines are compared; however, after 20 weeks, CEO vaccines provide better protection than TCO vaccines (**Andreasen et al., 1989**). The main administration routes of live vaccines are via spray and drinking water. Vaccination via drinking water

may not be very effective due to water quality issues on different farms and because birds may not receive the amount of virus required to induce protection. Successful vaccination against ILTV requires the contact of the vaccine virus with the nasal epithelium cells (**Robertson and Egerton, 1981**). On the other hand, spray vaccination may cause severe reactions, as some birds may receive an overdose and very small droplets can penetrate deep into the respiratory tract (**Clarke et al., 1980**). Some studies indicate that the virulence of modified live vaccines increases with bird-to-bird passage, and after the sixth passage, may produce severe clinical signs in challenged birds. Chicken-embryo origin vaccines (CEO) show a greater tendency to increase their virulence with bird-to-bird passage relative to those of tissue-culture origin (TCO) (**Guy et al., 1991**;

**Kotiw et al., 1995**). Recent epidemiological studies indicate that the ILT outbreaks reported around the world are mainly related to the use of live attenuated vaccines (**Menendez et al., 2014**).

In recent years, recombinant vaccines are available in the market, and include the insertion of ILT viral glycoproteins into viral vectors, such as poxvirus (FPV) (**Davison et al., 2006**) and turkey herpesvirus (HVT) (**Vagnozzi et al., 2012**). A recombinant fowl pox vaccine, containing the gene encoding the glycoprotein B (gB), was shown to protect chickens against virulent ILTV strains (**Tong et al., 2011**). Another avian pox recombinant vaccine, including the gene for glycoprotein B (gB) and the UL32 gene, was effective against the challenge of a virulent ILTV strain applied in the wing (**Coppo et**

**al., 2013a**). These recombinant vaccines do not cause latent infection or reversion to virulence. Despite being safer than live attenuated vaccines, their high cost and the fact that they must be injected have limited their use (**Ou et al., 2012**).

Studies have been conducted to develop new vaccines using gene deletions. Some viruses with deleted genes may retain their ability to induce immune response while not producing clinical signs or latency. ILT viruses with deletions of the genes gC (**Pavlova et al., 2010**), gG (**Devlin et al., 2006**), gJ (**Fuchs et al., 2005**), TK (**Han et al., 2002**), UL0 (**Veits et al., 2003**), and UL 47 (**Helferich et al., 2007**) showed attenuation and may be used for vaccine production. A gG-deficient ILTV strain administered to 3-week-old SPF chickens via drinking water and eye drop induced adequate immunity against challenge with a wild strain and may potentially be used for large-scale vaccination; however, further studies are needed before it is applied to commercial poultry flocks (**Devlin et al., 2008**). Vaccines using ILTV as recombinant viral vector to express highly pathogenic genes (H5 and H7) of avian influenza have

been tested and shown to protect chickens from both laryngotracheitis and avian influenza (**Pavlova et al., 2009**). A AILTV vector with the HPAI H5 gene inserted in the deleted region of the UL50 gene protected chickens against challenges with homologous and heterologous H5N1 and H5N2 viruses, respectively (**Pavlova et al., 2009**). Another vaccine ILTV was developed using the gB gene combined with chicken IL-18 as a bicistronic vector and induced better protection of chickens challenged with ILTV than those containing only the gB gene as monocistronic vector (**Chen et al., 2010**).

#### Treatment

To date, no drug has shown efficacy in reducing the severity of lesions or relieving symptoms of ILTV. Antibiotics have no effect against the virus, but may control possible secondary bacterial infection (**Guyand Garcia, 2008**). However, if ILTV is diagnosed early in an outbreak, unaffected birds may be vaccinated, protecting them before they are exposed to the disease (**Garcia et al., 2014**).

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