

## Immunoabsorption for Children systemic lupus

Ren Qi<sup>1</sup> YU ShengYou<sup>2</sup>

1. Tongji Medical College of Huazhong University of Science and Technology, HuBei,WuHan, 430030, China

2. Central Laboratory1022,Guangzhou Medical University,Guangzhou, Guangdong, 510180, China

E-mail: [shengyouyu@163.com](mailto:shengyouyu@163.com)

Immunoabsorption (IAS) is used as a rescue therapy in SLE patients who are refractory to conventional therapies. IAS is superior to other related therapies, such as plasma exchange. In addition, prolonged IAS appeared beneficial without increasing the risk for side effects. This aims at the rapid and extensive removal of pathogenic immunocomplexes (ICs) and (auto-)antibodies (Abs). IAS can decrease the titers of ANA and ds-DNA antibody, We found that it can decrease the activity of SLE and is of higher safety, IAS offers an alternative therapeutic strategy in severe, active refractory SLE not only in the short-term, IAS was safe and effective in our study.

[Ren Qi<sup>1</sup> YU ShengYou. **Immunoabsorption for Children systemic lupus**. Nature and Science 2012;10(1):42-44]. (ISSN: 1545-0740). <http://www.sciencepub.net>.

**Key word:** Immunoabsorption; systemic lupus; immune complexes; Children

### Introduction

SLE is characterized by pathogenic autoantibodies, which can be removed by extracorporeal procedures. So, Pathogenic autoantibodies are a hallmark of SLE. They can bind to cells and tissues, inducing complement activation and severe inflammation in the affected organ [1]. anti-double-stranded DNA antibodies (anti-dsDNA) are associated with lupus nephritis [1-9]. Inhibiting pathogenic autoantibodies can prevent their pathogenetic consequences. In fact, immunosuppression aims at interfering with autoantibody and IC formation. In contrast to plasma exchange, IAS allows for the specific and nearly complete clearance of circulating Ig and IC, while neither removing other plasma proteins nor necessitating substitution with fresh frozen plasma, albumin or immunoglobulins[10-12]. In severe SLE with major organ involvement, the therapy goal is to stabilize disease activity at low levels. IAS appeared relatively safe, with infectious adverse events in the range of a matched group of similarly active SLE

patients [13]. IAS is feasible in severe SLE, and in complicated situations with limited therapeutic options, such as, in particular, in pregnancy[14], in active tuberculosis under triple therapy[10], or in patients with antiphospholipid syndrome (APS)[15].

### Case Report

A ten-year-old women children admitted with a chief complaint of "2 week fever, 5 days edema". Physical examination: T:38.7°C, P 120 per min, R 25 per min, BP:134/91mmHg, face edema, erythema on zygomatic region, pharyngeal hyperemia, no abnormal in heart and lung, abdomen is flat, liver is 3cm under the right ribs and spleen were impalpable, both lower limb edema. Bloody examination: hemoglobin is declined (54g/L), platelet is declined ( $56 \times 10^9/L$ ). Urine routine examination: RBC (++++), urine protein > 4.10 g / L, ESR 83 mm / h. Complement is declined. Cardiac Function, liver function and kidney function are abnormal. Antinuclear antibody is increased. Anti-dsDNA antibody is positive. Lupus cell is found in peripheral blood. Admitted to hospital 4 days later,

the children was diagnosed as " SLE and lupus nephritis (LN)". Given methylprednisolone continuous stostherapy for three courses, and then given combined therapy with hormone and immunosuppressants for 30 days, the patient child's disease condition was not improved obviously, but was progressive severe. Joint pain and gross hematuria were occurred on patient child.

We tried to carry out IAS to treat severe Children Systemic Lupus Erythematosus. We used DNA 280 Immunity Adsorption hemoperfusion device to operate whole blood absorption. We observed the effect of cleaning up varietal own antibodies, at the same time, observed the clinical symptoms and situation of proteinuria. We operated whole blood absorption a total of two times at interval of 4 days. The operation was gone smoothly and no adverse reaction was found. After IAS treatment, the clinical symptoms was improved obviously. The body temperature and blood pressure became normal. The skin erythema in face and zygomatic region was improved obviously. Joint pain and gross hematuria disappeared. Hemoglobin and platelets are increased to normal. Urinary protein and urine erythrocyte is reduced obviously. Heart function, liver function and kidney function are improved obviously. Complement is increased. The titer of antinuclear antibodies (ANA) is decreased after the first treatment. The ANA was decreased obviously and Anti-dsDNA antibody became negative after the second treatment. With 30 days admission, the patient discharged with improvement so that shorten the length of hospitalization and reduced the family burden. IAS, which we used in this study, received good efficacy and deserves wide clinical application.

### Discussion

Extracorporeal therapies are a rescue strategy in critically ill SLE patients when conventional strategies have failed or are contraindicated[16]. IAS is still experimental, those patients finally undergoing IAS are characterized by active and progressive SLE resistant

to conventional treatment. Thus, interpreting therapeutic effects in these patients on a background of previous immunosuppressive therapy is difficult. For the IAS procedure, blood is taken from a peripheral vein and plasma and corpuscular elements are separated by centrifugation. Then, the plasma slowly flows over adsorption columns and Ig and IC are bound via specific ligands. In most cases, two columns are assigned for each patient. During IAS, one column at a time is in use while the other one is cleaned of bound Ig; between IAS sessions, the columns are stored under sterile conditions. IAS has following advantages: ① Specific combination of antigen and antibody have high selectivity and specific adsorption in a variety of autoantibodies; ② plasma components did not lost and strength of treatment is adjustable to disease situation; ③ No replacement fluid so that eliminate the risk of disease infection; ④ Operation is simple, and treatment is efficient. IAS is one new technology for SLE treatment, IAS is **characterized** by good efficacy, no obvious toxic and adverse reaction. It is suitable for wide clinical application.

### Acknowledgements:

We thank patients and their parents for permission to publish the report.

### Corresponding Author:

Dr. YU SY

Guangzhou Medical University

Guangzhou, Guangdong, 510180, China

E-mail: shengyouyu@163.com

Note: We contributed equally to this work and no conflict of interest exists.

### Funding

This research received no specific grant from any funding agency in the public, commercial, or not-for-profit sectors.

**References**

1. Wener MH. Immune complexes in systemic lupus erythematosus. In: Tsokos GC, Gordon C, Smolen JS (eds). *Systemic Lupus Erythematosus*. Philadelphia, PA: Mosby 2007;214–224.
2. Hochberg MC. Updating the American College of Rheumatology revised criteria for the classification of systemic lupus erythematosus. *Arthritis Rheum* 1997;40:1725.
3. American College of Rheumatology Ad Hoc Committee on Systemic Lupus Erythematosus Response Criteria. The American College of Rheumatology response criteria for systemic lupus erythematosus clinical trials: measures of overall disease activity. *Arthritis Rheum* 2004;50:3418–3426.
4. Ebling FM, Hahn BH. Pathogenic subsets of antibodies to DNA. *Int Rev Immunol* 1989; 5: 79-95.
5. Houssiau FA, D’Cruz D, Vianna J et al. Lupus nephritis: the significance of serological tests at the time of biopsy. *Clin Exp Rheumatol* 1991;9: 345-349.
6. Maddison PJ, Reichlin M. Deposition of antibodies to a soluble cytoplasmic antigen in the kidneys of patients with systemic lupus erythematosus. *Arthritis Rheum* 1979;22: 858-863.
7. Ohnishi K, Ebling FM, Mitchell B et al. Comparison of pathogenic and non-pathogenic murine antibodies to DNA: antigen binding and structural characteristics. *Int Immunol* 1994; 6: 817-830.
8. Raz E, Brezis M, Rosenmann E et al. Anti-DNA antibodies bind directly to renal antigens and induce kidney dysfunction in the isolated perfused rat kidney. *J Immunol* 1989;142: 3076–3082.
9. Madaio MP, Carlson J, Cataldo J et al. Murine monoclonal anti-DNA antibodies bind directly to glomerular antigens and form immune deposits. *J Immunol* 1987;138: 2883-2889.
10. Schmaldienst S, Jansen M, Hollenstein U, et al. Treatment of systemic lupus erythematosus by immunoabsorption in a patient suffering from tuberculosis. *Am J Kidney Dis* 2002;39: 415-418.
11. Schneider KM. Plasmapheresis and immunoabsorption: different techniques and their current role in medical therapy. *Kidney Int Suppl* 1998; 64: S61–S65.
12. Richter WO, Donner MG, Selmaier A, Hiller E, Schwandt P. Efficacy and safety of immunoglobulin apheresis. *ASAIO J* 1997;43: 53–59.
13. Stummvoll GH, Aringer M, Jansen M, Smolen JS, Derfler K, Graninger WB. Immunoabsorption (IAS) as a rescue therapy in SLE: considerations on safety and efficacy. *Wien Klin Wochenschr* 2004; 116: 716–724.
14. Dittrich E, Schmaldienst S, Langer M, Jansen M, Horl WH, Derfler K. Immunoabsorption and plasma exchange in pregnancy. *Kidney Blood Press Res* 2002; 25: 232–239.
15. Hauser AC, Hauser L, Pabinger-Fasching I, Quehenberger P, Derfler K, Horl WH. The course of anticardiolipin antibody levels under immunoabsorption therapy. *Am J Kidney Dis* 2005;46: 446-454.
16. Wallace DJ. Apheresis for lupus erythematosus. *Lupus* 1999;8:174-180.

11/20/2011