

## Cancer-associated Fibroblasts Promote Mouse's Breast Cancer Cells to Form Cellular Aggregates in Soft Agar Culture Medium

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**Abstract:** Cancer-associated fibroblasts (CAFs) can promote cancer cell growth, invasion and migration. However, few co-culture methods are able to be used to build a model in vitro, which can simulate these two sorts of cells' crosstalk in vivo in all directions. In this research, we successfully made mixed mouse's breast cancer cells (TS/A) and stellate cells of human liver that are induced by TS/A and gained the characteristic of CAFs (ME-iLX-2) form globular cellular aggregates in soft agar culture medium. In addition, we demonstrated that CAFs can promote forming of the aggregates. What's more, we proved eugenol's suppression of TS/A-ME-iLX-2 aggregates, which indicates that this model can be expected to be used in screening of anticancer drugs.

[Xiangnan Zhang, Shuo Liang, Ning Tao. **Cancer-associated Fibroblasts Promote Mouse's Breast Cancer Cells to Form Cellular Aggregates in Soft Agar Culture Medium**. *Cancer Biology* 2022;12(1):1-7]. ISSN: 2150-1041 (print); ISSN: 2150-105X (online). <http://www.cancerbio.net> 1. doi:[10.7537/marscbj120122.01](https://doi.org/10.7537/marscbj120122.01).

**Key Words:** Cancer-associated Fibroblast, Breast Cancer Cell, Soft Agar Culture, Cellular Aggregate

### 1 | Introduction

Researches show that, the crosstalk between Cancer-associated fibroblasts (CAFs) and cancer cells promote the cancer process signally[1]. In one hand, CAFs can maintain self-active state by cytokines in autocrine, such as transforming growth factor beta (TGF- $\beta$ )[2]. In the other hand, CAFs and cancer cells can promote each other by paracrine[3]. In addition, the physical contact between CAFs and cancer cells can also promote the invasion process of cancer cells[4]. In tumor microenvironment (TME), cancer cells promote CAFs secretion of TGF- $\beta$  by exosomes[5], and CAFs promote the cancer process by exosomes[6]. With no doubt that, the complex crosstalk between CAFs and cancer cells make the building of model in vitro much harder. Some previous researches co-cultured these two cell lines by subcutaneous injection of mice[2], which is difficult to monitor in real time and may cost lots of time to be finished. Another sort of researchers co-cultured them by conditioned medium[3], but cannot reflect the impact of cell-cell physical contact. Similarly, in many researches about exosome, researchers extract the exosomes by methods like ultracentrifugation technique and added it into targeted cell lines, but there are problems of too much time, low purity and damage of exosomes that may affect the

result[7]. By contrast, three-dimensional co-culture can reflect the complex cellular communication fully. Yamaguchi et al formed large aggregates of scirrhous gastric carcinoma cells and CAFs on three-dimensional Matrigel[8], and Mei et al built the similar globular structure by breast cancer cells and normal fibroblasts (NFs) on ultra-low adhesion plates[9]. The forming of cellular aggregates is similar to their behavior in vivo[10], which demonstrated the advantage of three-dimensional co-culture in monitoring the crosstalk of CAFs/NFs and cancer cells. However, the problems remain that, they usually cost more and have strong specificity that may not suit CAFs and cancer cells co-culture widely.

The Soft-agar-culture system is a three-dimensional culture method[11]. Because it can better monitor the internal environment of the human body and measure cells transferring capability, it's widely used in researches that have high requirements for cells growth environment, such as the Colony Formation Assay[12] and proliferation and differentiation of spermatogonia stem cells[13]. All that matters is that, the research shows that CAFs can form colonies in soft agar medium because of its high expression of TGF- $\beta$ [14]. Therefore, we expected to build the co-culture model of CAFs and mouse's breast

cells in vitro by Soft-agar-culture system, which can enable us to monitor their crosstalk better.

Eugenol is the active ingredient in cloves which plays a potential role in prevention and alleviation of chronic diseases, especially of cancers[15]. Al-Sharif et al recovered that eugenol can inhibit proliferation of breast cancer cells in many ways and induce apoptosis of breast cancer cells[16]. Moreover, Al-Kharashi et al proved that eugenol suppressed the invasive, migratory and proliferative potential of CAFs as well as paracrine carcinogenesis by modulating the methylation pattern[17]. To ensure the screening anticancer drug function of this co-culture model, we added tiny amounts of eugenol and observe its effect to our model.

## 2 | Materials and Methods

### 2.1 | Cell Culture

TS/A cell line is built by Nanni et al in 1983, which has been described previously[18]. TS/A in this research is provided by Zhihai Qin Research Group, Institute of Biophysics, Chinese Academy of Science. ME-iLX-2 cell line were obtained by inducing LX-2 cell line with TS/A cell line for 43 days, provided by Enze Wang. These two cell lines is stored in Dulbecco's Modified Eagle's Medium (HyClone, USA) which is added 10% fetal bovine serum (PAN, Germany) and 1% penicillin-streptomycin. All the cells are placed in 37°C/ 5%CO<sub>2</sub> constant temperature incubator.

### 2.2 | Soft-agar Culture

We prepared the soft agar culture medium according to the protocol by Borowicz et al[19]. To improve the stability, we raised the concentration of low-temperature agarose to 0.4% and 0.6% in upper and lower layers. The low-temperature agarose is purchased from Sigma-Aldrich, USA. The co-culture is proceeded in 6-well culture plate. To reduce cell adherence, we placed two layers of agar gel. The volume of each layer is 1.5mL and only upper layer is added cells. In addition, as for the long-time culture, we added 100μL well-prepared DMEM each well on the surface of gels ever three days, so that they can maintain wet and nutrition.

Data is collected through Microscope photography by 10× objective lens and a Canon SLR at the location of highest cell density in each well. ImageJ procedure is used to analyze the number and area of aggregates from images. Adobe Photoshop 2021 is used to adjust images' color, brightness contrast, etc. to make images clearer, and cut out and splice them in suitable size.

### 2.3 | Eugenol Inhibition of Aggregates

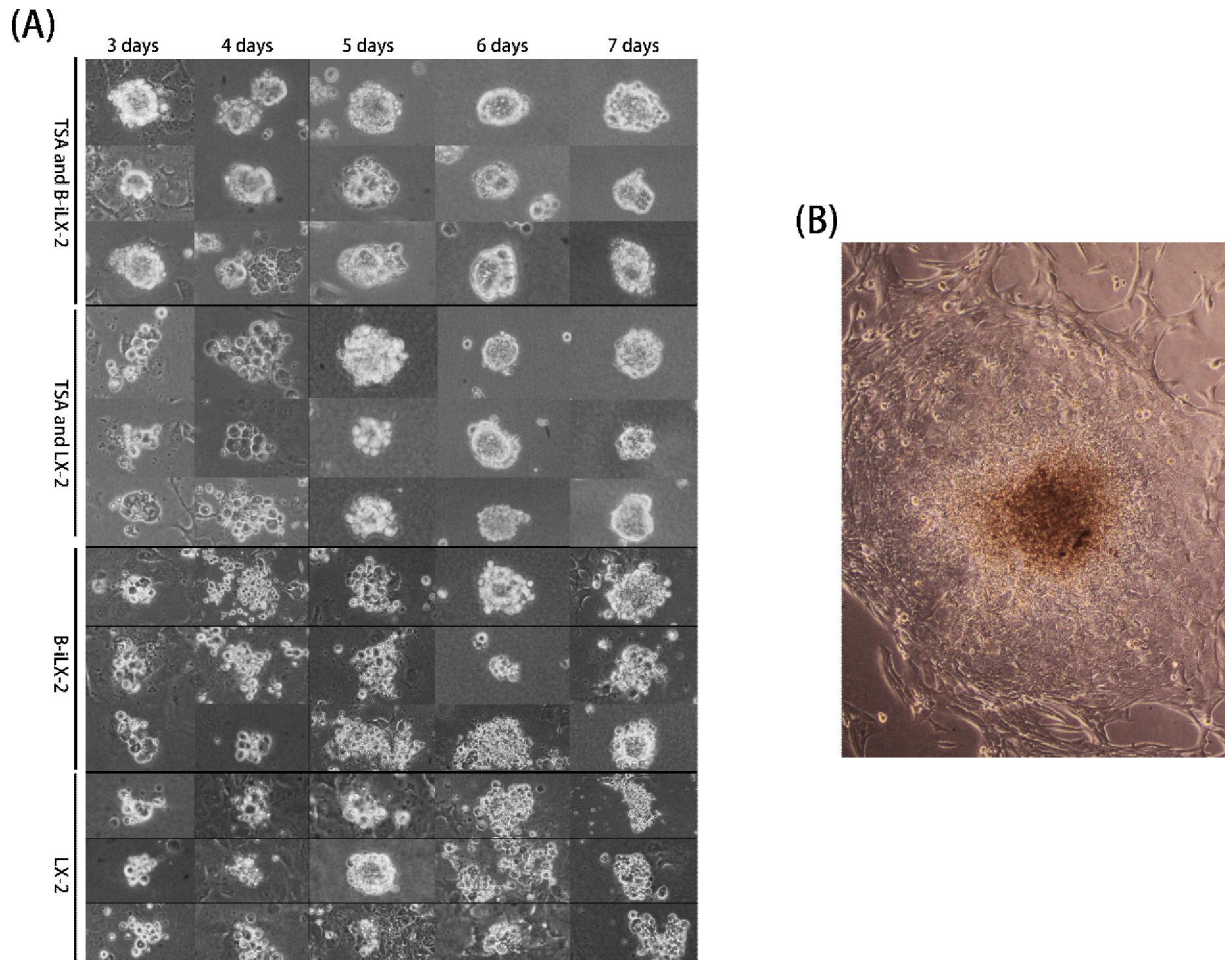
Eugenol in this research is purchased from Beijing Beina Chuanglian Biotechnology Institute, China. The soft-agar culture method is the same as 2.2. A total of  $1.5 \times 10^5$  TS/A cells and ME-iLX-2 cells were inoculated in each well with a ratio of 1:9. 2μL eugenol and 198μL well-prepared DMEM of each well are mixed in advance. The mixture was added after the agar gel is solidify in the room temperature. We placed the culture system into 37°C/ 5%CO<sub>2</sub> constant temperature incubator and collected the data as 2.2 after three days.

## 3 | Result

### 3.1 | Cellular Aggregates Can Form in Soft Agar Culture Medium

We co-cultured TS/A-ME-iLX-2 and TS/A-LX-2 in the soft agar culture medium for 7 days, and cultured TS/A, ME-iLX-2 and LX-2 separately in the same time. In the co-culture systems, A total of  $1.5 \times 10^5$  TS/A and fibroblasts were inoculated in each well with a ratio of 1:9. In the separating culture system, the number of TS/A in each well was  $1.5 \times 10^4$ , both of the numbers of ME-iLX-2 and LX-2 in each well were  $1.35 \times 10^5$ . The morphological characteristics of cellular aggregates are as Figure 1 (A).

After 3 days, we discovered the aggregates in two co-culture system, ME-iLX-2 and LX-2. In the following days, TS/A-ME-iLX-2 aggregates didn't change visibly. TS/A-LX-2 Aggregates are formed by vesicular secondary structures in the third and fourth day, and then changed into the pyknotic globular structures as TS/A-ME-iLX-2 aggregates. The aggregates of ME-iLX-2 and LX-2 changed little, but some of them formed the globular structures in the fifth day. In the seventh day, aggregates of these two cell lines still presented large loose vesicular structures, but they were more pyknotic than before, which showed that they have the potential of forming the globular structures. On the whole, aggregates of the co-culture systems were clear in shape, smooth in contour and compact in structure. The other two systems were in the opposite and usually formed by vesicular secondary structures. It's worth noting that, comparing the aggregates of TS/A-ME-iLX-2 and TS/A-LX-2 in the third and fourth day, we can discover that TS/A-ME-iLX-2 system formed the pyknotic globular structure earlier than TS/A-LX-2 system, which showed ME-iLX-2's auxo-action for formation of the aggregates.

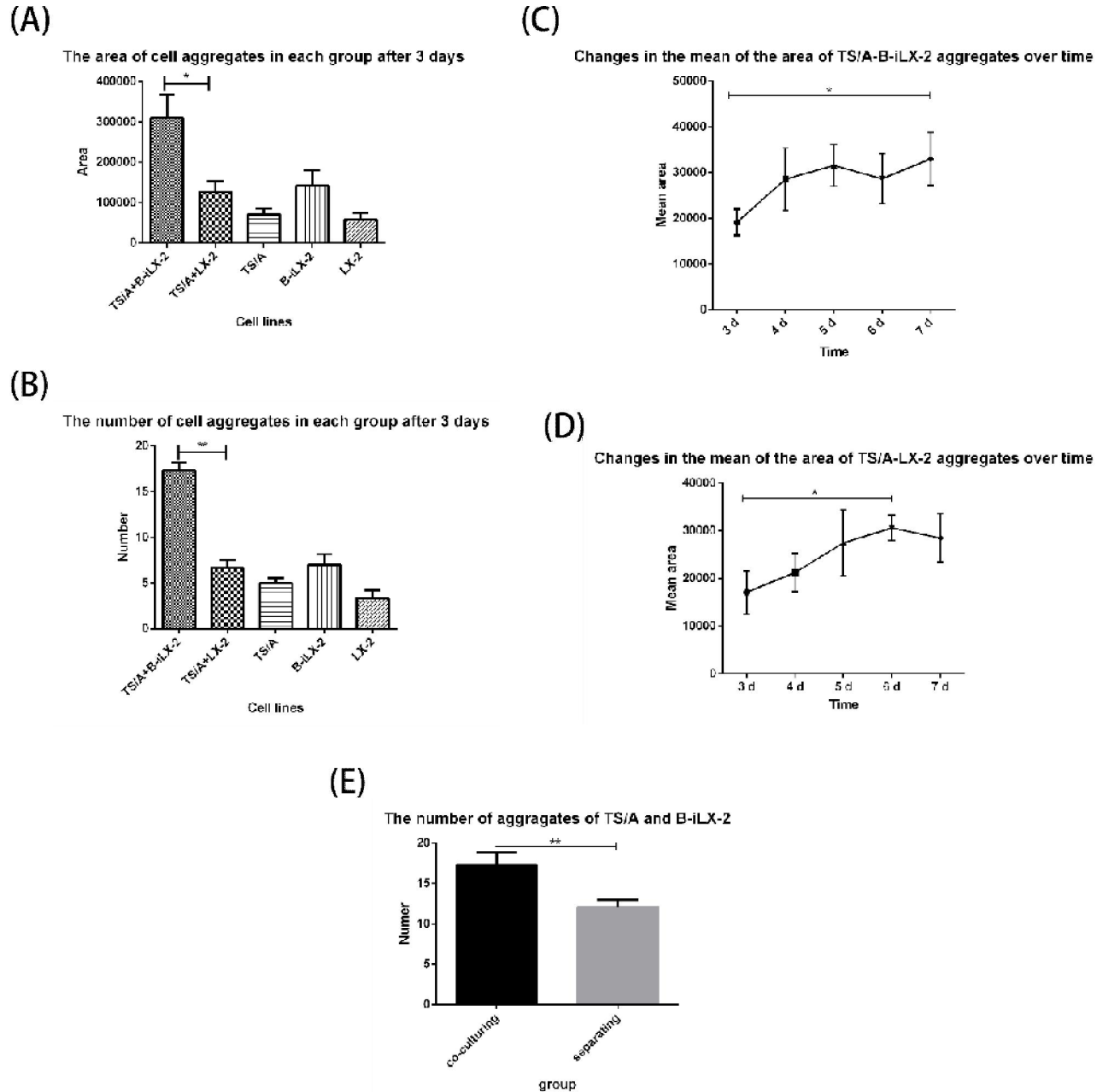


**Fig 1** (A) Morphology of co-culture TS/A and ME-iLX-2, co-cultured TS/A and LX-2, separated ME-iLX-2 and separated LX-2. We select three pictures of aggregates in each group to comprehensively reflect their morphology. In order to improve the sharpness of the image, this image is set to grayscale mode and the image contrast is improved. This figure does not retain the original size relation of aggregates when stitching. (B) Colony morphology of TS/A cells cultured for 7 days under 4 times objective lens. The image retains the original color but improves the contrast.

In fact, in the separating culture system of TS/A, we also discovered the cell aggregation. However, to be compared with the above-mentioned systems, the morphological characteristics of TS/A aggregates were not specific, and have tiny areas through microscope. In the seventh day, we discovered a macroscopical colony of TS/A as Figure 1 (B), which didn't appear in other systems.

### 3.2 | ME-iLX-2 Promotes Formation of Cellular Aggregates

To reveal the ME-iLX-2's promotion of formatting cellular aggregates, we counted the number and area of aggregates in each group. The results are shown in Figure 2 (A) and (B). In the five groups, TS/A+ME-iLX-2 group had the largest aggregate quantity and area. The difference between TS/A+ME-iLX-2 group and TS/A+LX-2 group is significant, Figure 2 (C).



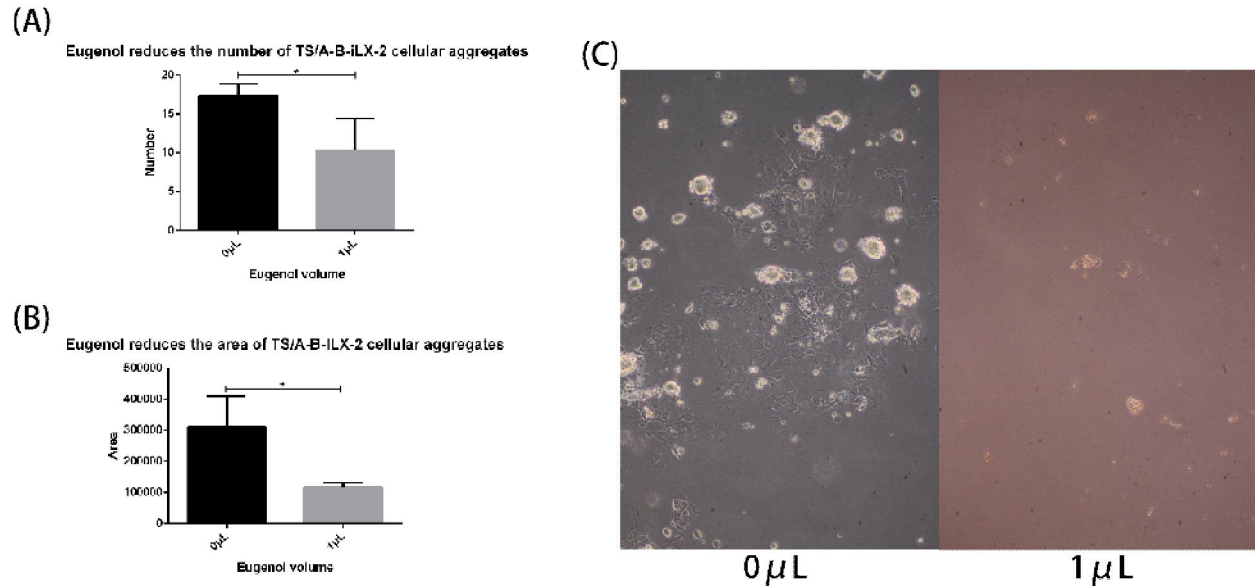
**Fig 2** (A) The Area of aggregates in each group ( $P < 0.05$  between TS/A+ME-iLX-2 and TS/A+LX-2 group). (B) The number of cellular aggregates in each group after three days ( $P < 0.01$  between TS/A+ME-iLX-2 and TS/A+LX-2 group). (C) Changes in the mean of the area of TS/A-ME-iLX-2 aggregates over time from third to seventh day ( $P < 0.05$  between the maximum and the minimum). (D) Changes in the mean of the area of TS/A-LX-2 aggregates over time from third to seventh day ( $P < 0.05$  between the maximum and the minimum). (E) The number of aggregates of co-cultured and separated TS/A and ME-iLX-2 ( $P < 0.01$ ). The units of area in the above figures are arc (pixel<sup>2</sup>).

The total area of TS/A-ME-iLX-2 aggregates generally increased, and the growth rate slowed down gradually. According to Figure 2 (D), the area of TS/A-LX-2 increased from the third day to the sixth

day. The maximum appeared on the third day, and the minimum appeared on the sixth day. In conclusion, ME-iLX-2 has a stronger promoting effect on cellular aggregates than LX-2.

Taking into the consideration that there is a complex crosstalk between TS/A and ME-iLX-2 in co-culture, which cannot happen in separating culture, we counted the sum of aggregates' amount in co-culture and separating culture to reveal the influence of crosstalk between TS/A and ME-iLX-2 on aggregate

formation. The result is shown on Figure 2 (E). The amount in co-culture group is significantly higher than in separating culture group ( $p < 0.01$ ), which strongly demonstrated the promoting effect of the crosstalk between TS/A and ME-iLX-2 on aggregate formation and the advantage of co-culture model.



**Fig 3** (A) Eugenol decrease the number of TS/A-ME-iLX-2 aggregates ( $P < 0.05$ ). (B) Eugenol reduce the area of TS/A-ME-iLX-2 aggregates ( $P < 0.05$ ). (C) The effect of eugenol on TS/A-ME-iLX-2 aggregates' Morphology.

### 3.3 | Eugenol Inhibits TS/A-ME-iLX-2 Aggregates

We conducted the experiment as 2.3. The image results are shown on Figure 3 (C). According to these images, the aggregates in the control group was full in shape, while the aggregates in the experimental group seemed to atrophy. We counted the amount and area of two groups after three day's culture, which are shown on Figure 3 (A) (B). Both the amount and the area in the experimental group are significantly lower than the control group ( $p < 0.05$ ). This experiment proved the inhibition of Eugenol on TS/A-ME-iLX-2 aggregates formation.

## 4 | Discussion

Undoubtedly, monitoring the crosstalk between cancer cells and CAFs in vitro will provide great help for the research of tumor microenvironment and the screening of related anticancer drugs. In this research, we built a model in vitro, which can reflect the crosstalk on cellular aggregates' amount and area. Moreover, to compare with the traditional methods that researching cancer cells and CAFs separately, this co-culture enables researchers to research cancer cells and CAFs as a whole, which could be a very interesting research perspective. In addition, to compare with the

methods like subcutaneous injection of mice, co-culture in soft agar culture medium enables us to monitor cellular aggregates' growth and progress so that we can gain more detailed information about cancer process. In practice, the co-culture method is simple, convenient and timesaving, which can reduce certain time cost for researchers.

In the aggregate formation experiment, we speculate that the reason why the TS/A-ME-iLX-2 aggregates presented the above area trend (Figure 2 C) is that the nutrients are gradually consumed, or ME-iLX-2 was inferior in the nutritional competition between TS/A and ME-iLX-2 which may cause the decreasing of promoting aggregates formation. The decrease of area on the sixth day may be mainly due to the lack of nutrients in the system. We added DMEM on the sixth day, which can explain the increasing from the sixth day to the seventh day. According to above-mentioned information, we conjectured that the nutrient requirement of TS/A-ME-iLX-2 aggregates is more than of TS/A-LX-2 aggregates. Moreover, the areas of TS/A-ME-iLX-2 aggregates are always larger than the areas of TS/A-LX-2 aggregates on the same day. In conclusion, we speculate that ME-iLX-2 provide a better environment to aggregate formation.

In eugenol inhibition of aggregates, considering the differences of the number, area and morphology of cell aggregates, we believe that this inhibition may occur in two ways: 1, Eugenol inhibits the cellular aggregation which can decrease the number of cellular aggregates. 2, Eugenol inhibits the growth of cellular aggregates after its formation. The differences between control group and experimental group demonstrated eugenol's inhibition of the aggressive structure of cancer in vitro as well as this soft agar co-culture model's function of anticancer drug screening.

Actually, the composition of the tumor microenvironment is quite complex. Not only does it include CAFs which is researched in this research, but also includes Endothelial cells, Mesenchymal stem cells (MSCs), immune cells and even vascular, Lymphatic network, etc.[20]. Though the soft-agar co-culture can simulate the crosstalk between cancer cells and CAFs, the capability of its simulated tumor microenvironment needs to be further studied. As for MSCs, considering that MSCs have the ability to recruit and differentiate into CAFs[21], and CAFs can also recruit MSCs[22], we speculate that MSCs can promote cellular communication in this soft-agar model. What's more, biophysical interactions in tumor microenvironment also promote the metastasis of cancer cells[23]. It is also need to be further studied that how to simulate the chemical and mechanical signals better.

In this research, we counted aggregates' amount and area to reflect their formation and growth, because there were great morphological differences among the cell aggregates, which is particularly significant between the co-culture system and separated fibroblasts. However, it also leads to the problem that the amount and area are always inevitably different when we make statistics. There is still a lack of more scientific indicators and algorithms to make a more accurate assessment of cellular aggregates,

For the mechanism of the aggregate's formation, Sharma et al point out that CD44 may be the medium between CAFs and cancer cells. Yamaguchi et al point out that this behavior may be related to the activation of intracellular signaling pathways that regulate actomyosin contractility. In conclusion, we still don't know the detailed mechanism of aggregate's formation. If this mechanism is further studied, we can improve this co-culture method and model in vitro, which can better simulate the interaction among the cells in tumor microenvironment and provide a better tool for researches about cancer process and tumor microenvironment.

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