

Exploring the challenge of Iranian Families in the 21st Century

Naghmeh kashanchi langroudi (*Corresponding author*)*

¹. Department of Ms. educational psychology Teheran-Alzahra University, Iran

Abstract: Formation of Iranian family is associated with a legal bond based on a heterosexual, emotional, social and stable relationship and cultural effects. But at the present time, and passing from tradition to modernity together with rapid cultural, social and economic changes, Iranian families experience changes and wide challenges, as the purpose of the present study was to examine strategies for reducing or eliminating them. The findings suggest that factors such as sensational conception growth, impatience of families for learning, low capacity in dealing with problems, parenting democracy, religious weakness, loss of interpersonal relations, development and production of drugs into the country's financial problems, and misuse of new media include families of Iranian challenge in this century. This study was a descriptive manner library and field studies to identify the challenges facing Iranian families have been discussed.

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1. Introduction

Foreword:

Thinkers believe that family is of the first systems that are necessary for removing the critical and emotional needs of human and for surviving the society and more natural than any other social institutions. The family health, in terms of mental, social and economic aspects has a direct impact on their members, and will also affect the community. Biological function of the human family is the guarantor of stability and function of the breeding ground for tomorrow's world by educating children who are planning and architecture.

In Islam, there's no structure more lovable than family is not established and puree verses of holly book, reminds man and woman as a basic stone of formation of family and also mentioned them as their cloths [1]. In repetitive verses and statements about relationships in family life was emphasized very much on.

In Iranian culture which is blended to Islam, family has a high position in the community, and is instructing cell of human lives maintaining the traditions, norms and social values. Iranian people while preserving generations of families, children, job training, support from adults and are responsible for maintaining their cultural and religious heritage. Iranian family in the past was ruled in a focal form and has influenced various systems of society. But in new era, life of an Iranian family is in a social context and has significant interaction with other systems. But what is mentionable, is that because of alterations of today's world and retreating from nice Iranian traditions, many functions, features and structures of Iranians' families have undergone main changes and have faced to various challenges, as each of those

disarranged the mental balance of families and made a basis for no intendancy for attempt, no consistency and decrease the power of facing problems and finally social injuries.

Methodology:

the present study is descriptive type and two modes of library and field studies have been carried out. In a descriptive study, the situations are depicted as if they naturally occur about the current situation and how they are to achieve results [2]. Descriptive research can only understand the situation or to help the decision process [3].

This field study is also one of the descriptive study was conducted in normal situations and is mainly observed in the techniques used in [2]. Some theoretical perspective on the family:

Talcott Parsons knew the nuclear family as the most proper and most effective type of family in order to respond the needs of industrial society, as with professional roles, husband as breadwinner has an instrumental role in the family and the woman accepts sensational and emotional role inside of the home. At present time we can say that most Iranian families are a nuclear family. It meant that life the young couples without the presence of their parents is managed and they transmit their living far away from their parents' location [4].

Renee Koenig, another family psychologist, knows the main character of a family encounters a relationships and intimacy and defines family as a group with intense emotion is connected to each other [5].

Helmut Schelsky, another theorist in the domain of family, knows family and society in contrast with each other and also knows family as a space full of

common sense, comfort of human environment and affection [6].

Elizabeth Bott attends to divide the couple's marriage and family life in the context of the theory of "family network". The main hypothesis of Bott is that rate of separation of family roles has direct connection with rate of connection of whole network of family and compact networks have more roles for separation of couples. As a result, families are dense networks, the division of roles and gender breakdown of their families are scattered network, share in the division of roles [7].

Types of challenges of Iranian families

Family is the first club of formation of individuals' identity and is the main instructive column of their characteristics [8]. This social organization plays the most important role to advance and grow the stages of human life in direction to the history and has especial value than other social entity. Family in Iran because of variations and decrease of importance, which is one of cases of globalization pathology has encountered challenges that made fundamental changes in dominant values and consequently caused many challenges and formation of crisis of identity, and perhaps in type of problems happened and solutions with large societies is different. Frequency and variety of problems in living and sudden changes in various dimensions and no preparation of many families toward such changes, has involved them with their internal issues as this finally has no normal effect on desirable function of families. Not succeed in solving problems because of enlarging challenges will result in collapse of their lives and this discontinuity will endanger the basis of society.

From several viewpoints, challenges of Iranian families have been paid attention as some of them have assigned themselves some subsets. This challenges in 5 main challenges related to personal family issues, challenges related to cultural pattern, social challenges, economic challenges and emerging challenges that are a cultural challenge, are classified.

1- Challenges related to personal issues

1-1- Dominancy of sensational thinking on logical thinking:

Origin of many family conflicts is fade logical thinking and emotional thinking in family conversations. This weakness in dealing with the issues and events leading to unbalanced and abnormal behavior in families and also has reduced the power to detect and distinguish the right and wrong approach to solve family problems.

1-2- Less irritability or impatience families to increase knowledge and awareness:

In contrast, many fathers and mothers in Iran, in particular the education of their children and sometimes extreme sensitivity, but they are not tolerant people. This matter cause that sometime parents with indirect escaping from learning and also low knowledge in the field of who modern communicative devices work, same cultural level in family is decreased and also sometimes they restarted from their children as it results in lack of proper care of children against problems that media instruments are brought about for them.

1-3- Low capacity in dealing with problems:

Due to numerous problems in life such as skyrocketing costs of housing, food, clothing, education fees of children, etc., and seeks to reduce the reliance of human beings to each other, lack of patience, lack of emotional control, expectations, their capacities and capabilities to build a solid foundation in life and confront the problems facing downhill. This belief, in turn, including the beautiful "life must start from scratch" has influenced and has become a great challenge.

2 - The challenge of training patterns of families:

2-1- Shortcoming in targeting:

One of the biggest plagues in today's families is that Iranian parents centralized all goals of their life in children and ignored themselves. It's while growth of children passes from parents' dynamism and perfection. Iranian parents are trying to play the role of good father and mother better than wife and husband and this theory not only damaged the behavior and relationship of parents with each other but their children.

2-2 Democracy of children:

Perhaps no one can find that the parents are not interested to help your child. All parents with any degree level graduates or illiteracy have always tried to guide their children's happiness. But the question that arises is why some parents are not successful in raising your child?

Important point lies in the fact that parents do not know how to train in a right way. Log in whatever way is the way it should be learned and applied. One of incorrect methods of raising children in Iran is new phenomenon of modern democracy that has ill effect on the child. So perhaps we say that one of reasons that parents interest to show extreme affection to their children is due to the feeling made by dangerous space of society and surrounding environment. Thus due to extreme affection and prefer the kids' needs, they like that their kids do not wander from the right direction

and don't involve social constraints, as well.

Of other reasons that democracy of child in Iran is that parents believe that if children become independent and no need them will leave them alone and no longer support them at the time of elderly. So they better know satisfying the demands of their needs. If this style of training continues in this way, the time of correction of kids' behavior for higher periods is more late and harder and the society is faced to demanding, egotist, no experienced and etc and with more speed works toward the diversion will move.

3- Social challenges:

3-1- Lack of religious beliefs in families

One of the most important functions of Iranian Families is religious training of their kids and to familiarize them with religious values. The function of religion and family beliefs and religious identity in forming religious will have a great impact. According to Sutherland Communication Theories, a lot of damage caused by error in families teaches their children values and norms [9].

But whatever we can see from themes and is increasing in Iranian students is that unfortunately considering that in present society of Iran, Islamic training and culture is dominant but we face challenge and the split of fading Islamic values and religious precepts are facing neglect. This is obviously in conflict with the traditions ruling on the families and new problems they have suffered. Meanwhile, even the children of believing parents are also invited to question and challenge them.

3-2- Decrease family ties (interpersonal relationships):

Machine life followed by busy living, not enough time, distance traveled, and other factors to justify reducing the fading warmth of family ties. Many of nice Iranian traditions like social intercourse of families with each other are removing and there is no appropriate substitution for it. This reduction of blend which is sometime from the viewpoint of new generation is reminded as civilized behavior is in contrast to the traditional mood of Iranians and the achievement is nothing except increase of loneliness, worry and isolation.

According to Durkheim's anomie theory, if due to confusions, people do not interact with each other to satisfy their needs, regulatory, cultural, social, family and bursting. So, in this way we can find that Durkheim suggest that in today's societies, whether in family or society, the criterion and norms have week situation, no new and appropriate norm replaced [10].

3-3 To develop production and entrance of drugs into the country

Recent years, we have observed advancement in drugs production and entrance of types of traditional and industrial drugs into the society and involvement of many Iranian families with this matter. It seems that so far, the solutions applied by related organizations, with all attempts in for this event couldn't prevent the entrance of narcotic matters and with a situation that we see at the present time, this problem is getting worse and its seems that the major part of Iranian society encounters to the addition and this abnormal phenomenon has entered into the schools.

Variety seeking, seeking pleasure, happiness, false inexpensive materials and general ill behavior are factors that promote growth and age of onset of drug addiction in the country and have led to lower ages. The perpetrators, families with numerous problems facing the bed maker and families have been torn apart.

4- Economically challenged families:

Another challenge Iranian family is increasing poverty. Luxurious common orientation, skyrocketing costs of housing, health, etc. culture of consumerism or just keep having income and expenditure of life and satisfy desires instead of needs, all of which are factors of economic hardships Iranian families fanned the area and have added to it. In such a case, sincerity, kindness and compassion have been a deep rift between family members, there is indifference. Family cohesion thus defunct consequences such as an increase in robberies, smuggling, drug addiction, prostitution, marriage, coordination, blindness talents, leaving the hometown in exile.

Cohen [10] states that "poverty makes poor levels of the society unable to achieve the social position and gaining the position by working in illegal affairs come true [9].

5- Emerging challenges (cultural)

In the past, family accounted for the socially acceptable agent but today it deals with virtual, imaginary, fraud, abuse, youth violence, and stealing information. However, one should not forget that updates and use new knowledge are the positive effects of this type of technology.

5-1- Satellite:

According to secularization theory, satellites with the daily growth of modern life gradually decrease the importance of religion about Iranian addresses and values of life and modern society is replaced with [11].

Many pundits, satellite caused offense identity as the collapse of boundaries and identity, traditional family atmosphere is Iranian targets. Identity can also disturb the basic tenets of collapse [12].

Some satellite programs, disrupting Iranian marriage, the loss of traditional values, disregard for children, the loss of dignity, family, model, wrong conclusions and bad students, particularly during adolescence immoral relations puts it. Growing isolation is another problem caused by the satellite program. This media and other Medias are hindrance of the family and face-to-face communications and replaced individual space with plural and emotional space of family.

4-2- Video Games:

Childhood and adolescence are the most sensitive early education and play an integral part of this course. Today, video games are the main component of Iranian traditional games and have different features, as more joyful, submerging and in one exact look, building them in European and non-Iranian cultures is the most important features of these games. The cultural load of such games is to issue the violence, distort the characters and sociability in the direction of non-Iranian targets, as unfortunately it's widespread many children and teens in the families and has provided mental and ethical problems and corruption.

4-3- Networks:

Simply said that the social networking (internet), including web sites, which are different ways to communicate with each other can provide. Post photos raucous, spreading rumors, and sexual risk behaviors have increased.

Cell phone is a tool that due to using in more places and optimizes its facilities has absorbed many users but its negative effects are increasing in the society. Many mobile phone users in Iran are juveniles and young adults. The lack of regulation led astray, which subsequently is compromising their safety, their families and society. Unfortunately we see that interest of this group to facilities like SMS, Bluetooth, and transferred contents are casual ironies and unethical photos.

Whereas, the young were always seeking to respond its needs and see that the society cannot provide it, so know the new instruments the best option and in this way perhaps due to inappropriate culturalization and lack of rules will go to wrong way as it will put the security of themselves, family and society to the danger. Lack of mobile phone crimes, and there is a double challenge harassing phone that uses a SIM card and without standard cheap

unhappiness for many people, especially families with teenage children have created a serious problem.

4. Discussion

Attempt for keeping the base of families against various social injuries by preventing the creation of inappropriate challenges and removing those applying appropriate solutions, their general health and finally the security and health of society will be pursued. Based on these findings, the main idea strategies include:

- 1- Changing the attitudes and beliefs of the culture of families benefiting from the use of new media.
- 2- Learning and applying logic and rational thinking in dealing with the unpleasant emotions and events. .
- 3- Conducting training sessions to improve communication among family and just and reasonable.
- 4- Training courses in schools to inform students of some of the challenges and the resulting damage.
- 5- Publishing of national and religious values using the correct method of training rather than on coercion and domination.
- 6- Methods of Educational Reform families pushing them towards reading books, magazines and articles about education.
- 7- Valuing the fields of family studies at high school and university.
- 8- Varied and rich media content to national programs in the areas of sports, movies, and series and so on.
- 9- Full load and increase knowledge of school counseling for guidance counselors to better families and students.
- 10- Recognizing the challenges facing families in other parts of the world, and an awareness of the way they deal with the challenges ahead and the results for exposure and coping better and more substantial.

Correspondence to:

Naghmeh kashanchi langroudi
Department of Ms. educational psychology
Teheran-Alzahra University, Iran

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